

# PURA VIDA ELITE TRAINING SAFETY PROTOCOLS

### **COACH SAFETY MEASURES**

#### SOCIAL DISTANCING FOR COACHES:

- 1. All coaches are required to certify daily that he/she does not have COVID-like symptoms or has not come into contact in the last 14 days with anyone who has COVID or experiencing symptoms. If a coach is unable to make the certification, he/she will be required to leave the premises.
- 2. Social distancing of at least six feet will be implemented and maintained between coaches and players when possible.
- 3. Coaches will maintain six-feet apart distance during breaks and meal times.
- 4. Coaches have been provided face shields to wear during training sessions.

#### HYGIENE FOR COACHES:

- 1. Employees are instructed to sanitize their hands frequently throughout the day, but especially at the beginning and end of each training sessions, prior to any mealtimes and again after meals, and after using the restroom.
- 2. Coaches have been educated to avoid touching their faces throughout the day, and sanitizing their hands when they do.
- 3. Sharing of any food, snacks or water bottles is prohibited between coaches and players.
- 4. Coaches are not permitted to share cell phones.

#### **FACE COVERINGS FOR COACHES:**

- 1. Coaches have been provided clear face shields to wear during training sessions.
- 2. Coaches must wear masks or face shields whenever on the field.

## **PLAYER SAFETEY MEASURES**

# SOCIAL DISTANCING FOR PLAYERS/GUARDIANS:

- 1. Social distancing of at least six feet will be implemented and maintained between coaches and players when possible.
- 2. We are encouraging parents/guardians to stay in cars/watch from afar at training.

## HYGIENE FOR PLAYERS:

- 1. All players, guardians, guests and visitors to the field are required to wash or sanitize their hands prior to or immediately upon entering the facility.
- 2. Hand sanitizer will be provided for each player to use before each session.
- 3. Sharing of any food, snacks or water bottles is prohibited between coaches and players.
- 4. Sharing of any food, snacks or water bottles is prohibited between players.

## FACE COVERINGS FOR PLAYERS:

- 1. Players must wear face coverings when entering the field from their vehicle. from their vehicle. Face coverings may be removed by players during training.
- 2. Players must wear face coverings when exiting the field.
- 3. Parents/guardians must wear face coverings if on the field or observing training sessions from the sidelines.

### DROP OFF AND PICK-UP:

- 1. 10 minutes will be scheduled between training sessions to allow players to leave and arrive without contact.
- 2. Parents/guardians will be encouraged to stay in their cars/watch from afar during training.

### WORKPLACE CLEANING AND DISINFECTING:

- 1. Appropriate and effecting cleaning and disinfecting supplies have been purchased and are available for use in accordance with product labels, safety data sheets and manufacturer specifications, and are being used with required personal protective equipment for the product.
- 2. Soccer balls and training equipment will be sprayed and sanitized with disinfectant between sessions.